

2024

# NOVEMBER

## MIDDLE SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fruit and assorted cereals served daily at breakfast. All breakfast entrées, except the breakfast pizza, are vegetarian. 

Fresh fruit and vegetable salad bar offerings served daily with lunch. Salad bar offerings are seasonal and may include: romaine lettuce, baby spinach, carrots, cucumbers, carrots, & celery.

**Adult Meal Prices:**

Breakfast \$3.00  
Lunch \$5.00

For nutritional and allergen information, please visit our online menu by scanning the QR code:



- 1 Fresh Baked Banana Chocolate Chip Muffin 
- Pepperoni Pizza
- Cheese Pizza 
- Peanut Butter & Jelly Bundle 

- 4 Cheese Omelet with Tater Tots
- Chicken and Waffles
- Meatless Chicken and Waffles 
- Ranch Chicken Wrap
- Peanut Butter & Jelly Bundle 

- 5 Banana Bread
- Grilled Turkey & Cheese Sandwich
- Grilled Cheese Sandwich 
- Ranch Chicken Wrap
- Peanut Butter & Jelly Bundle 

- 6 Breakfast Oatmeal
- BBQ Pulled Chicken Sandwich
- Macaroni & Cheese with Crackers 
- Ranch Chicken Wrap
- Peanut Butter & Jelly Bundle 

- 7 Pancake Wrap
- Turkey Nachos
- Vegetarian Nachos 
- Ranch Chicken Wrap
- Peanut Butter & Jelly Bundle 

- 8 Fresh Baked Chocolate Zucchini Muffin 
- Buffalo Chicken Pizza
- Cheese Pizza 
- Peanut Butter & Jelly Bundle 

11 




No School

- 12 Blueberry Pancakes
- Brunch for Lunch!**
- Scrambled Eggs with Sausage & Biscuit
- Scrambled Eggs with Cheese & Biscuit 
- Veggie Wrap  
- Peanut Butter & Jelly Bundle 

- 13 Maple Waffle
- Chicken Sandwich
- Spicy Chicken Sandwich
- Veggie Wrap  
- Peanut Butter & Jelly Bundle 

- 14 Bagel with Cream Cheese
- Bean & Cheese Burrito 
- Crispy Fish Sandwich
- Veggie Wrap  
- Peanut Butter & Jelly Bundle 

- 15 Fresh Baked Banana Chocolate Chip Muffin 
- Pepperoni Pizza
- Cheese Pizza 
- Peanut Butter & Jelly Bundle 

- 18 Cinnamon Bun
- Boneless Buffalo Wings 
- Boneless BBQ Wings
- Protein Box 
- Peanut Butter & Jelly Bundle 

- 19 Strawberry & Yogurt Parfait
- Mini Corn Dogs
- Beef Rotini Pasta with Breadstick
- Protein Box 
- Peanut Butter & Jelly Bundle 

- 20 Scrambled Eggs with Tater Tots
- Red Chicken Tamale
- Cheese & Green Chile Tamale 
- Protein Box 
- Peanut Butter & Jelly Bundle 

- 21 Breakfast Pizza
- Holiday Meal**
- Roasted Turkey with Gravy, Mashed Potatoes, Green Beans
- Apple Pie 
- Peanut Butter & Jelly Bundle 

- 22 Fresh Baked Pumpkin Muffin 
- Buffalo Chicken Pizza
- Cheese Pizza 
- Peanut Butter & Jelly Bundle 

- 25 Mini Pancakes
- Orange Chicken with Rice
- Bean & Cheese Pupusa 
- Salami & Cheese Sandwich
- Peanut Butter & Jelly Bundle 

- 26 Bagel with Cream Cheese
- Brunch for Lunch!**
- Egg & Sausage Sandwich
- Egg & Cheese Sandwich 
- Salami & Cheese Sandwich
- Peanut Butter & Jelly Bundle 



28 *Happy Thanksgiving*



**Thanksgiving Break - No School**